

<b>Planned Course: World of Baking</b>		<b>Course Number: F723</b>	<b>Department: Family &amp; Consumer Sciences</b>
<b>Unit: Smart Food Shopping</b>		<b>Grade Level: 9-12</b>	
<b>Estimated Time: 1 week</b>		<b>Level/Track: Elective</b>	<b>Date Approved: 8/1/2013</b>
<b>PA Academic Standards</b>	<b>Core Concepts (in question format)</b> • Skills/Knowledge	<b>Activities/Strategies/Study Skills</b> (identify some activities as remedial or enrichment activities)	<b>Assessments</b> (include types and topics)

<p>11.1.12 Financial and Resource Management</p> <p>B. Analyze the management of financial resources across the lifespan.</p> <p>D. Evaluate the role of consumer rights and responsibilities in the resolution of a consumer problem through the practical reasoning process.</p> <p>F. Compare and contrast the selection of goods and services by applying effective consumer strategies.</p> <p>11.3.12 Food Science and Nutrition</p> <p>A. Analyze how food engineering and technology trends will influence the food supply.</p> <p>B. Evaluate the role of government agencies in safeguarding our food</p>	<p>▶ Why is food shopping one of the most important activities related to food preparation?</p> <p>▶ How can one implement wise food shopping practices?</p> <ul style="list-style-type: none"> <li>• Students will explain the relationship between food supply and food prices.</li> <li>• Students will know where and when is the best time and place to shop.</li> <li>• Students will know how to make a shopping list.</li> <li>• Students will be able to read and use a food coupon.</li> <li>• Students will be able to compare prices and values.</li> <li>• Students will be able to read and use the information on food labels.</li> <li>• Students will be able to create a food budget and make careful decisions when shopping.</li> <li>• Students will know their</li> </ul>	<ul style="list-style-type: none"> <li>- Power points, class notes and study guide on Smart Food Shopping</li> <li>- Shopping list activity</li> <li>- Analyzing food labels paper</li> <li>- Food label assessment</li> <li>- Label-able worksheet</li> <li>- Coupon comparison</li> <li>- Figuring unit price</li> <li>- Figuring price per lb.</li> <li>- Figuring price per serving</li> <li>- “Shop Smart &amp; Save Big” article</li> <li>- Product comparisons</li> <li>- Food budget activity</li> <li>- Food shopping video</li> <li>- Worksheets: Types of Stores, Nutrition Fact sheets, Label-ease, Anatomy of a Label, List Making</li> <li>- Classroom and Newspaper reading on global food supply</li> <li>- Video: Nutrition and The Food Label</li> <li>- Chart compilation of food availability in America</li> <li>- Grocery shopping home</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-assessment word splash vocabulary</li> <li>• Shopping list activity</li> <li>• Label analysis</li> <li>• Product comparison</li> <li>• Math Activity-Unit Price</li> <li>• Math Activity-Price/lb.</li> <li>• Math Activity-Price/serving</li> <li>• Reaction paper “Shop Smart”</li> <li>• Dinner menu shopping project</li> <li>• Food budget scenario</li> <li>• Worksheets: “The Food Shopping Scene”, “What’s a Bargain?,” “Making Money Behave,” “What’s Your Consumer R&amp;R?”</li> <li>• Class discussions on food supply, labels, wise practices, consumer rights and responsibilities, food storage, government agencies</li> <li>• Chart analysis of food availability</li> <li>• Food labels checklist</li> <li>• Class participation in group</li> </ul>
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<p>supply (e.g., USDA, FDA, EPA, and CDC).</p> <p>C. Evaluate sources of food and nutrition information.</p> <p>F. Evaluate the application of nutrition and meal planning principles in the selection, planning, preparation, and serving of meals that meet the specific nutritional needs of individuals across the lifespan.</p> <p>G. Analyze the relevance of scientific principles to food processing, preparation and packaging.</p>	<p>responsibilities and rights as a consumer.</p> <ul style="list-style-type: none"> <li>• Students will understand why food must be stored properly.</li> <li>• Students will recognize the different kinds of food storage.</li> <li>• Students will choose correct storage procedures to retain maximum food nutrition.</li> </ul>	<p>activity</p> <ul style="list-style-type: none"> <li>- Additions to running vocabulary list</li> <li>- Video: Put the Label On the Table</li> <li>- USDA sheet</li> <li>- The Food Shopping Scene (E)</li> <li>- What's A Bargain? Worksheet</li> <li>- Making Money Behave (R)</li> <li>- Debate Issue: Grocery Bags – paper, plastic, or cloth (E)</li> <li>- Coupon File</li> </ul>	<p>work and discussions</p> <ul style="list-style-type: none"> <li>• Home activity evaluation form (E)</li> <li>• Graded worksheets listed above</li> <li>• Graded written test on food labels, food supply, buying food and wise consumer practices</li> <li>• Teacher observation looking for content comprehension, and application of wise food shopping practices</li> </ul>
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