

Planned Course: Net and Racquet Sports	Course Number: PE709	Department: Health and Physical Education	
Unit: Table Tennis	Grade Level: 10-12		
Estimated Time: 15 classes	Level/Track: All	Date Approved: 08/27/2018	
PA Academic Standards	▶ Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10.4.12 Physical Activity</p> <p>A. Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>B. Analyze the interrelationships among regular participation in physical activity, motor skill improvement and the selection and engagement in lifetime physical activities.</p> <p>10.5.12 Concepts, Principles and Strategies of Movement</p> <p>A. Apply knowledge of movement skills, skill-related fitness and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p>	<p>▶ What are the fundamental strategies that can be utilized when playing table tennis?</p> <ul style="list-style-type: none"> • The student will be able to demonstrate safe and correct use of equipment. • The student will be able to review and improve the skills of serving and returning the ball. • During game play, the student will be able to demonstrate an understanding of serving rules and scoring. • During game play, the student will be able to employ strategies, e.g., varying speed and depths of returns, placing spin on the ball, identifying weaknesses in one's opponent and playing to them, varying serve placement, and remaining focused. 	<ul style="list-style-type: none"> • Teacher modeling and demonstration of safe and correct use of equipment and table tennis techniques. • Partner practice • Games/Matches • Tournaments 	<ul style="list-style-type: none"> • Teacher observation of safe and correct use of equipment, student performance and technique. • Class participation and preparation according to the Physical Education Guidelines. • Written table tennis quiz
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	<ul style="list-style-type: none"> • The student will be able to analyze table tennis as an activity and evaluate table tennis as a personal choice for a lifelong fitness plan. 		
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