

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Bowling	Grade Level: 4-5		
Estimated Time: 3 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	▶Core Concepts (in question format) • Skills/Knowledge	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10 4. 6 Physical Activity</p> <p>A. Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health</p> <p>D. Describe factors that affect childhood physical activity preferences.</p> <p>F. Identify and describe positive and negative interactions of group members in physical activities</p> <p>10.5.6 Concepts, Principles and Strategies of Movement</p> <p>B. Identify and apply the concepts of motor skill development to a variety of basic skills</p> <p>.</p>	<ul style="list-style-type: none"> • Why is it important to focus on your target? • Why is a follow through important in rolling a ball? • How will participating in bowling enhance overall knowledge of the subject as well as create a lifetime skills? 	<ul style="list-style-type: none"> • Bowling • Hockey bowling (target game) • Crazy bowling • Fitness bowling • Disc bowling 	<ul style="list-style-type: none"> • Teacher observation • Self-evaluation • Peer evaluation • Checklist • Score Sheets • Quiz
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