

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Cooperative Learning	Grade Level: 4-5		
Estimated Time: 4 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	►Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10 4.6 Physical Activity</p> <p>A. Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health</p> <p>B. Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.</p> <p>D. Describe factors that affect childhood physical activity preferences.</p> <p>F. Identify and describe positive and negative interactions of group members in physical activities</p> <p>10.5.6 Concepts, Principles and Strategies of Movement</p> <p>A. Explain and apply the basic movement skills and concepts to create and perform movement sequences and advanced skills</p> <p>D. Describe and apply the principles of exercise to the components of health related & skill –related fitness</p>	<ul style="list-style-type: none"> • Can you recognize the roles of the members within your group? • What cooperative skills and creative principles are necessary to promote active, social relationships? • What are the key elements of cooperation? • How can you resolve conflict during a game? • How can you best show perseverance during game play? 	<ul style="list-style-type: none"> • Teacher modeling/demonstration of listed activities. • Parachute games • Hula Hoops • Human Knot • Skip Its • Various balls • Jump Stick • Hippity Hops • Pre juggling activities (e.g. scarves) • Ribbon sticks • Frisbee and discs • Bean Bags • Buddy Boards • Scooters • Floor hockey sticks • Flag tag • Chinese jump rope • Stacking cups • Mission Impossible • King Ball 	<ul style="list-style-type: none"> • Teacher observation of safe and correct use of equipment • Teacher observation of body control, • Self-assessment- student self-checklist of accomplishments within activity • Peer assessments - partner • Discussion of safe use of equipment and proper techniques to perform skills.
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