

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Football	Grade Level: 4-5		
Estimated Time: 4 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	▶ Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10.4.6 Physical Activity</p> <p>A. Identify and engage in physical activities that promote physical fitness and health.</p> <p>F. Identify and describe positive and negative interactions of group members in physical activities.</p> <p>10.5.6 Concepts, Principles and Strategies of Movement</p> <p>A. Explain and apply the basic movement skills and concepts to create and perform movement sequences and advanced skills</p> <p>B. Identify and apply the concepts of motor skill development to a variety of basic skills.</p> <p>C. Describe the relationship between practice and skill development</p>	<ul style="list-style-type: none"> • What should you do when your opponent gets possession of the ball? • When should you pass? • Why is creating space important? • What are the best types of passes to make to keep possession of the ball? • What should you do after you pass the ball? • How can you move the object toward your goal? • What is an effective way to keeping the ball away from another player? • How can you create space? 	<ul style="list-style-type: none"> • Throwing, catching, hiking, centering, punting, kickoffs • Simple Pass Plays • Football lead up games • Flag football game • Ultimate football 	<ul style="list-style-type: none"> • Teacher observation of safety, following directions, sportsmanship, cooperation, and problem solving techniques of students. • Self-evaluation • Peer evaluation • Checklist • Quiz • Skill Testing
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