

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Net Games	Grade Level: 4-5		
Estimated Time: 3 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	▶ Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10.4. 6 Physical Activity</p> <p>A. Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health</p> <p>D. Describe factors that affect childhood physical activity preferences.</p> <p>F. Identify and describe positive and negative interactions of group members in physical activities</p> <p>10.5.6 Concepts, Principles and Strategies of Movement</p> <p>A. Explain and apply the basic movement skills and concepts to create and perform movement sequences and advanced skills</p> <p>B. Identify and apply the concepts of motor skill development to a variety of basic skills</p> <p>F. Identify and apply game strategies to basic games and physical activities</p>	<ul style="list-style-type: none"> • What steps are involved in striking with a long implement, short implement, and or body part? • What contributes to the direction and speed that an object travels once it is contacted? • Where should you try to place the object in order to score a point or gain an advantage over your opponent? • If your opponent is moving you around the court where should you move between hits? 	<ul style="list-style-type: none"> • Volleyball <ul style="list-style-type: none"> ○ Forearm pass (bump), overheard pass (set), overhand and underhand serve, Attack (spike), blocking, rally scoring, rotation. • Badminton <ul style="list-style-type: none"> ○ Grip, forehand, backhand, overhead, long drive, drop shot, singles, doubles, mini games, score • Tennis <ul style="list-style-type: none"> ○ Serve, return, score, grip, lob, forehand, backhand 	<ul style="list-style-type: none"> • Teacher observation • Self-evaluation • Peer evaluation • Checklist • Quiz • Skill Test
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