

## Cover Sheet— Planned Course Overview

A. Planned Course Title: Physical Education Course Number: N/A

B. Grade level: 4-5 Level Track: All

C. Board Approval Date: 08/22/2016

D. Instructional Time:

1. Length of course in weeks: 36
2. Number of class periods per cycle: 1 per week
3. Length of class periods: 40 minutes
4. Total clock hours/credit for the course:

E. List of the units of study within the course and estimated number of class periods or weeks allotted to each:

<u>Units</u>	<u>Estimated time</u>
Football	4 classes
Soccer	4 classes
Net Games	3 classes
Basketball	4 classes
Hockey	3 classes
Cooperative Learning	4 classes
Fitness Games and Activities	6 classes
Movement and Rhythm Activities	3 classes
Jump Rope	2 classes
Bowling	3 classes
Health - optional per building, content activity, and time	

F. The texts or major resources for the course:  
\*please see attached *reference* page

G. Special Notes:

- All units are integrated throughout the year.
- Each lesson is designed to provide maximum participation for every student and takes into account the safety concerns for each activity.
- Sports units are lead-up games.
- Needs of class, school calendar and weather will determine actual length of units?
- The student will understand and respect others and recognize the differences in ability of each other in ALL units.
- Activities will vary among building based on available equipment and building logistics.
- Teachers may use professional judgement to add activities and lessons based on spontaneous events or expression of student interests.

H. Names of the committee members who developed the planned course:  
Kimberly Mooney, Tammy Vajda, Bethany Valimont