

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Ball Handling Skills	Grade Level: K-2		
Estimated Time: 5 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	<ul style="list-style-type: none"> ▶ Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10 4. 3 Physical Activity</p> <p>A- identify and engage in physical activities that promote physical fitness and health.</p> <p>B Recognize positive and negative interactions of small group activities.</p> <p>10.5.3 Concepts, Principles and Strategies of Movement</p> <p>A. Recognize and use basic movement skills and concepts</p> <ul style="list-style-type: none"> -locomotor movements (e.g. run, leap,hop) -manipulative movements (e.g. throw, catch, kick) -relationships (e.g. over, under, beside) -combination movements (e.g. locomotor, non-locomotor, manipulative) -space awareness (e.g. self-pace, levels, pathways, directions) -effort (e.g. speed, force) 	<ul style="list-style-type: none"> • How can you successfully handle a ball? • Can you identify your dominant hand? • How can you prevent an object from bouncing out of your hands? • How can you be safe while throwing and catching? • What is the relationship between the release and the direction of the object? • Why is it important to pay attention? • Why is it important to keep your eye on the object being tossed? • When is it appropriate to throw with an overhand motion? • How do you identify your target when throwing a variety of objects? 	<ul style="list-style-type: none"> • Teacher Modeling/demonstrations Of listed activities • Use of various sizes and textures of balls (e.g., playground balls, beach balls, bean bags. yarn balls, fleece balls nerf balls, foam balls, koosh balls, balloons) • Throw and catch with self • Throw at or through various targets. • Catch rolling balls • Throw for distance • Throw at moving targets • Bouncing (stationary and on the move) • Kick For distance • Kick to it target and/or partner • Various ball games 	<ul style="list-style-type: none"> • Teacher observation Of safe and correct ball handling • Peer evaluation – partner • Teacher measurement of visual estimation Of distance • Rubric – bouncing, catching and throwing • K-I P.E. checklist • Directional Signs <ul style="list-style-type: none"> ○ Stop ○ go ○ pathways • Teacher class discussion of various ball skills: <ul style="list-style-type: none"> ○ kick ○ throw ○ catch ○ roll ○ bounce ○ toss • Skill Test
---	--	--	---