

<b>Planned Course: Physical Education</b>	<b>Course Number: N/A</b>	<b>Department: Physical Education</b>	
<b>Unit: Bowling</b>	<b>Grade Level: K-2</b>		
<b>Estimated Time: 2 classes</b>	<b>Level/Track: All</b>	<b>Date Approved: 08/22/2016</b>	
<b>PA Academic Standards</b>	▶ <b>Core Concepts (in question format)</b> <ul style="list-style-type: none"> <li>• <b>Skills/Knowledge</b></li> </ul>	<b>Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)</b>	<b>Assessments (include types and topics)</b>

<p>10 4. 3 Physical Activity</p> <p>A Identify and engage in physical activities that promote physical fitness and health.</p> <p>B Recognize positive and negative interactions of small group activities</p> <p>10.5.3 Concepts, Principles and Strategies of Movement</p> <p>A. Recognize and use basic movement skills and concepts.</p> <p>E. Know and describe scientific principles that affect movements and skills using appropriate vocabulary.</p>	<ul style="list-style-type: none"> <li>• Why is it important to focus on your target?</li> <li>• Why is a follow through important in rolling a ball?</li> <li>• How will participating in bowling enhance overall knowledge of the subject as well as create a lifetime skills?</li> </ul>	<ul style="list-style-type: none"> <li>• Bowling</li> <li>• Crazy bowling</li> <li>• Fitness bowling</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher observation</li> <li>• Self-evaluation</li> <li>• Peer evaluation</li> <li>• Checklist</li> </ul>
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