

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Cooperative Games and Activities	Grade Level: K-2		
Estimated Time: 5 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	▶ Core Concepts (in question format) <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10 4. 3 Physical Activity</p> <p>A Identify and engage in physical activities that promote physical fitness and health.</p> <p>B Recognize positive and negative interactions of small group activities.</p> <ul style="list-style-type: none"> ○ roles (e.g. leader, follower) ○ Cooperation/sharing ○ On task participation <p>C. Know and recognize changes in body responses during moderate to vigorous physical activity.</p> <ul style="list-style-type: none"> - heart rate - breathing rate <p>10.5.3 Physical Activity</p> <p>A. Recognize and use basic movement skills and concepts.</p> <ul style="list-style-type: none"> - locomotor movements (e.g. run, leap, hop) - non-locomotor movements (e.g. bend, stretch, twist) 	<ul style="list-style-type: none"> • Can you recognize the roles of members within your group? • What cooperative skills and creative principles are necessary to promote active, social relationships? • What are the key elements of cooperation? • How can you solve conflict during a game? • How can you best show perseverance during game play? 	<ul style="list-style-type: none"> • Teacher modeling/demonstration of listed activities. • Parachute games • Hula Hoops • Skip Its • Various balls • Jump Stick • Hippity Hops • Pre-juggling activities (e.g. scarves) • Ribbon Sticks • Frisbee and discs • Bean Bags • Buddy Boards • Scooters • Floor Hockey Sticks • Fox Tails • Chinese Jump Rope • Stacking Cups 	<ul style="list-style-type: none"> • Teacher observation of safe and correct use of equipment • Teacher observation of body control. • Self-assessment – student self-checklist of accomplishments within activity • Peer assessments – Partner • Discussion of safe use of equipment and proper techniques to perform skills.
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<ul style="list-style-type: none"> - Manipulative movements (e.g. throw, catch, kick) - Relationships (e.g. over, under, beside) - Combination movements (e.g. locomotor, non-locomotor, manipulative) - Space awareness (e.g. self-space, levels, pathways, directions) - Effort *e.g. speed, force) 			
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