

<b>Planned Course: Physical Education</b>	<b>Course Number: N/A</b>	<b>Department: Physical Education</b>	
<b>Unit: Lead Up Games and Activities</b>	<b>Grade Level: K-2</b>		
<b>Estimated Time: 5 classes</b>	<b>Level/Track: All</b>	<b>Date Approved: 08/22/2016</b>	
<b>PA Academic Standards</b>	<b>▶ Core Concepts (in question format)</b> <ul style="list-style-type: none"> <li>• <b>Skills/Knowledge</b></li> </ul>	<b>Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)</b>	<b>Assessments (include types and topics)</b>

<p>10 4. 3 Physical Activity</p> <p>A Identify and engage in physical activities that promote physical fitness and health.</p> <p>B Know the positive and negative effects of regular participation in moderate to vigorous physical activities</p> <p>C. Know and recognize changes in body responses during moderate to vigorous physical activity.</p> <p>D. Identify likes and disliked related to participation in physical activities.</p> <p>E. Identify reasons why regular participation in physical activities improves motor skills.</p> <p>F. Recognize positive and negative interactions of small group activities.</p> <ul style="list-style-type: none"> <li>- roles (e.g. leader, follower)</li> <li>- cooperation/sharing</li> <li>- on task participation</li> </ul>	<ul style="list-style-type: none"> <li>• How does participation in a developmental games unit improve basic physical education skills?</li> <li>• Which strategies would you use to avoid being tagged/tag another person?</li> <li>• What types of “fakes” can you make to avoid another person?</li> <li>• Why is it important to change speed and direction when playing games?</li> <li>• What kind of ability do you need to track and trap a thrown, kicked, rolled, or batted object?</li> </ul>	<ul style="list-style-type: none"> <li>• Straddle ball</li> <li>• Time bomb</li> <li>• Cookie monster/sharks and Minos</li> <li>• Stuck in the mud</li> <li>• Robbers</li> <li>• Triangle tag</li> <li>• Monarch tag</li> <li>• Partner tag</li> <li>• Flag tag</li> <li>• Alaskan baseball</li> <li>• Fire, lightning, rain, thunder</li> <li>• Cross the river</li> <li>• Fill the hoop</li> <li>• Survivor tag</li> <li>• Mission Impossible</li> <li>• Bull in the ring</li> <li>• Clean up the backyard</li> <li>• Pirates</li> <li>• Variety of other activities</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher observation</li> </ul>
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<p>10.5.3</p> <p>A. Recognize and use basic movement skills and concepts.</p> <ul style="list-style-type: none"> <li>- locomotor movements (e.g. run, leap, hop)</li> <li>- non-locomotor movements (e.g. bend, stretch, twist)</li> <li>- Manipulative movements (e.g. throw, catch, kick)</li> <li>- relationships (e.g. over, under, beside)</li> <li>- Combination movements (e.g. locomotor, non-locomotor, manipulative)</li> <li>- Space awareness (e.g. self-space, levels, pathways, directions)</li> <li>- effort (e.g. speed, force)</li> </ul> <p>C. Know the function of practice</p> <p>F. Recognize and describe game strategies using appropriate vocabulary.</p>			
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