

Planned Course: Physical Education	Course Number: N/A	Department: Physical Education	
Unit: Fitness Locomotor Movements	Grade Level: K-2		
Estimated Time: 6 classes	Level/Track: All	Date Approved: 08/22/2016	
PA Academic Standards	<p>▶ Core Concepts (in question format)</p> <ul style="list-style-type: none"> • Skills/Knowledge 	Activities/Strategies/Study Skills (identify some activities as remedial or enrichment activities)	Assessments (include types and topics)

<p>10 4. 3 Physical Activity</p> <p>A Identify and engage in physical activities that promote physical fitness and health.</p> <p>B Recognize the positive and negative interactions of small group activities.</p> <p>10 5. 3</p> <p>A Recognize and use basic movement skills and concepts.</p> <p>B Recognize and describe the concepts of motor skill development using appropriate skill vocabulary.</p>	<ul style="list-style-type: none"> • Describe the steps and demonstrate the locomotor movements? • Name three of the locomotor movements you have learned • When moving in general space where should your eyes be focused and why? 	<ul style="list-style-type: none"> • Participate in closed situation using locomotor skills • Non-elimination tag games (Flag Tag) • Small group locomotor games • Jump rope (modified), over the bridge. • Cooperative musical Hula Hoops • Partner chasing, fleeing and dodging games. • Obstacle Course • Demonstrate and practice locomotor skills <ul style="list-style-type: none"> ○ Walk, jog, run, skip, gallop, hop, jump, leap, slide 	<ul style="list-style-type: none"> • Teacher observation • Checklist • Classroom discussion • Student Assessment • Peer Assessment • Skill Test • Quiz
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