

| Planned Course: iSing | Course Number: AH833 | Department: Music | |
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| Unit: Posture/Breathing/Vocal health | Grade Level: 9-12 | | |
| Estimated Time: 2 weeks | Level/Track: Elective | Date Approved: 08/22/2016 | |
| PA Academic Standards | Essential Question | Activities/Strategies/Study Skills | Assessments |

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| <p>9.1.C Identify and use comprehensive vocabulary.</p> <p>9.1.H Use and maintain materials, equipment and tools safely.</p> <p>Know how to work in selected physical space/environments.</p> <p>10.2.A Explain the relationship between personal health practices and individual well-being.</p> <p>10.2.E Explain the interrelationship between the environment and personal health.</p> | <ul style="list-style-type: none"> • What is the proper posture for singing? • What is the correct way to breathe while singing? • What is the anatomy of the throat? • What are some good vocal warm-ups for different styles of singing? • What are the various ways you can keep your body and your voice healthy? • What steps should you take if you are losing your voice or suffering from vocal fatigue? | <ul style="list-style-type: none"> • Breathing exercises • Watch part of “The Singer’s Toolbox” video • Class discussion • Lecture • Sing various vocal warm-ups | <ul style="list-style-type: none"> • Classroom performance • Class participation • Teacher observation • Written quizzes |
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