

# Northampton Area School District

## EMERGENCY HEALTH CARE PLAN: DIABETES

SCHOOL \_\_\_\_\_

STUDENT \_\_\_\_\_ GRADE \_\_\_\_\_ DATE \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_ Phone \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_ Phone \_\_\_\_\_

Other Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

### BLOOD GLUCOSE:

Usual times to test glucose at school: \_\_\_\_\_

Extra Tests (check those that apply): \_\_\_\_\_ before exercise \_\_\_\_\_ after exercise \_\_\_\_\_ other \_\_\_\_\_

Can child perform own test? \_\_\_\_\_ Yes \_\_\_\_\_ No Adult Supervision? \_\_\_\_\_ Yes \_\_\_\_\_ No

### HYPOGLYCEMIA (Low Blood Sugar)

Usual Symptoms: \_\_\_\_\_

What glucose level mandates treatment if no symptoms: \_\_\_\_\_

Treatment: \_\_\_\_\_

Glucagon (dose): \_\_\_\_\_

Activity Restriction: \_\_\_\_\_

### HYPERGLYCEMIA (High Blood Sugar)

Usual symptoms: \_\_\_\_\_

Usual blood glucose to test for ketones: \_\_\_\_\_

Treatment: \_\_\_\_\_

Activity Restriction: \_\_\_\_\_

### INSULIN

Time(s): \_\_\_\_\_ Dose: \_\_\_\_\_ Method: (Circle) Syringe Pen Pump

Can student self-administer? \_\_\_\_\_

### MEALS AND SNACKS

Times in School: \_\_\_\_\_

### CIRCUMSTANCES REQUIRING PARENT NOTIFICATION

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**DISTRIBUTION**

- A. Received entire IHP
- B. Received specific directions for Hyperglycemia and Hypoglycemia

<u>NAME/POSITION</u>	<u>A/B</u>	<u>DATE</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**ADDITIONAL NECESSARY ACCOMMODATIONS**  
(class trips, testing, bus)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**EMERGENCY CARE PLAN**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SIGNATURES:**

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Health Care Team Representative

\_\_\_\_\_  
Physician