
Are you worried about your child?

The Student Assistance Program (SAP) can help children experiencing barriers to learning.

What is SAP?

The SAP team is made up of school and agency staff who are available to help you access school and community services for your child. In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. Our school's Student Assistance Program is here to assist with that process.

The Northampton Area High School SAP team will help you find services and assistance within the school and/or the community, as needed. We do not diagnose or treat your child. We will provide you with information to make the best choice(s) to fit you and your child's needs. As the parent or guardian you are an important part of the team.



NAHS SAP Team

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SAP

Student Assistance Program



Do you see your child showing any of these behaviors?

- Declining grades
- Drop in school attendance
- Withdrawing from family, friends, and/or activities
- Change in friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Lying
- Needing money without a good explanation
- Experimenting with alcohol or drugs



Are you concerned about your child's reaction to...?

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Bullying
- Other traumatic event



How does my child become involved in the SAP program?

Anyone can refer a child to the SAP team. Some students are referred by teachers or other school personnel. A friend or family member can also let the SAP team know that they are worried about someone. The child can even go directly to the SAP team to ask for help. Schools gather information to determine how a student is doing in their classes. However, the SAP team will not proceed unless you give your written parent permission. Once permission is received, the SAP team will work with you to develop a plan of action to help your child achieve success in school. Participation in the program is voluntary.

What if someone has referred my child to SAP?

A SAP team member will contact you regarding your child's referral to the program. Before a SAP team member talks to your child, you will be asked for permission. The SAP team will work with you and your child throughout the process. As a parent, your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to talk to a SAP team member.

How do I contact the SAP team?

If you have questions about SAP or you feel that your child may need help, call the high school and ask to speak with any of the SAP team members on the back of this brochure. You may also email any of them directly.

Privacy

The SAP team information is completely confidential and the team will respect you and your child's privacy at all times.