



**NORTHAMPTON AREA SCHOOL DISTRICT  
ELEMENTARY SCHOOL MENU  
May 2019**

Please choose at least  
3 of 5 items for the  
school lunch price.

*Includes: Entrée, choice of  
two fruits and/or vegetables,  
milk and bread.*

**Make one serving a fruit  
or vegetable to make it  
a meal**

**OFFERED DAILY (Selections may vary from day to day)**

Fresh and Hot Vegetable, Carrots, Cucumbers  
Fresh and Chilled Fruit, Apples, Oranges, Bananas

[Apply for Free & Reduced Price Meals online at www.schoolcafe.com](http://www.schoolcafe.com)

All Bread is 100% Whole Grain & Rolls  
Specialty and PB & J Sandwich

**CHOICE OF MILK SERVED WITH LUNCH**

(1% White, Non-Fat White, Chocolate & Strawberry Non-Fat & 1%)

[Apply for Free & Reduced Price Meals online at www.schoolcafe.com](http://www.schoolcafe.com)

**Lunch Prices**

Student Price: \$2.20  
Reduced Price: \$ .40



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness." In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age, or disability. USDA and this establishment is an equal opportunity provider and employer.				
<b>Menu is subject to change</b>				
<p style="text-align: center;"><b>Interested in working part time in the cafeteria? Contact 610-262-3258</b></p>		<p style="text-align: center;"><b>1</b> <b>Beef Soft Tacos w/Rice</b> Sweet Corn, Cucumber Slices, Peppers and Onions, Chilled Applesauce &amp; Fresh Apple <b>Sdw: Ham &amp; Cheese</b> <b>Alt: Chicken Nuggets with Roll</b> <b>Salad: Popcorn Chicken</b></p>	<p style="text-align: center;"><b>2</b> <b>Chicken Tenders with Roll</b> Veg. Baked Beans, Celery Sticks, Carrot Coins, Orange Juice, Chilled Peaches &amp; Fresh Pear <b>Sdw: Ham &amp; Cheese</b> <b>Alt: WG Bagel, Cheese, Yogurt</b> <b>Salad: Beef Nacho</b></p>	<p style="text-align: center;"><b>3</b> <b>Plain or Pepperoni Pizza</b> Steamed Broccoli, Carrot Coins, Side Salad, Chilled Apple Slices &amp; Fresh Orange <b>Sdw: Ham &amp; Cheese</b> <b>Alt: Cheeseburger on Bun</b> <b>Salad: Tuna</b></p>
<p style="text-align: center;"><b>6</b> <b>Confetti Pancakes with Turkey Sausage Link</b> Hash Browns, Green Beans, Chilled Strawberries, Fresh Orange <b>Turkey &amp; Cheese on Pretzel Bun</b> <b>Alt: Pulled Pork Sandwich</b> <b>Salad: All American Chef</b></p>	<p style="text-align: center;"><b>7</b> <b>Pizza Sticks with Sauce</b> Fries, Carrots Coins, Cucumber &amp; Tomato Salad, Apple Juice, Chilled Blueberries &amp; Fresh Apple <b>Turkey &amp; Cheese on Pretzel Bun</b> <b>Alt: WG Pretzel, Cheese, Yogurt</b> <b>Salad: Fruit, Cheese, Yogurt</b></p>	<p style="text-align: center;"><b>8</b> <b>Nachos Supreme w/Beef</b> Rice, Sweet Corn, Celery Sticks, Peppers and Onions, Chilled Applesauce &amp; Fresh Orange <b>Turkey &amp; Cheese on Pretzel Bun</b> <b>Alt: Chicken Nuggets with Roll</b> <b>Salad: *Hummus Veg Plate*</b></p>	<p style="text-align: center;"><b>9</b> <b>Teriyaki Chicken Broccoli Stir fry</b> Rice, Veg. Mix Veggie, Side Salad, Apple Juice, Chilled Peaches, &amp; Fresh Banana <b>Turkey &amp; Cheese on Pretzel Bun</b> <b>Alt: Popcorn chicken w Roll</b> <b>Salad: Beef Nacho</b></p>	<p style="text-align: center;"><b>10</b> <b>Plain or Pepperoni Pizza</b> Steamed Broccoli, Carrot Coins, Cucumber &amp; Tomato Salad, Mixed Fruit, &amp; Fresh Apple <b>Turkey &amp; Cheese on Pretzel Bun</b> <b>Alt: Fish Sticks</b> <b>Salad: Tuna</b></p>
<p style="text-align: center;"><b>13</b> <b>WAFFLE BAR- Fruit, Topping With Egg Patty*National Fruit Day*</b> Hash Browns, Carrots, Green Beans , Strawberries, Blueberries, Apple <b>Sdw: Chicken Caesar Wrap</b> <b>Alt: Popcorn Chicken w Roll</b> <b>Salad: All American Chef</b></p>	<p style="text-align: center;"><b>14</b> <b>Popcorn Chicken Bowl</b> Mashed Potatoes, Corn, Baby Carrots, Orange Juice, Chilled Pears, Fresh Apple <b>Sdw: Chicken Caesar Wrap</b> <b>Alt: WG Pretzel, Cheese, Yogurt</b> <b>Salad: Fruit, Cheese &amp; Yogurt</b></p>	<p style="text-align: center;"><b>15</b> <b>Beef Soft Tacos w/Rice</b> Sweet Corn, Peppers and, Onions, Celery Sticks, Chilled Applesauce, Fresh Orange <b>Sdw: Chicken Caesar Wrap</b> <b>Alt: Chicken Nuggets with Roll</b> <b>Salad: Popcorn Chicken</b></p>	<p style="text-align: center;"><b>16</b> <b>Chicken Tenders with Roll</b> Mashed Potatoes, Green Peas, Baby Carrots, Orange Juice, Chilled Peaches, Fresh Banana <b>Sdw: Chicken Caesar Wrap</b> <b>Alt: Spaghetti with Meatball</b> <b>Salad: Beef Nacho</b></p>	<p style="text-align: center;"><b>17</b> <b>Plain or Pepperoni Pizza</b> Steamed Broccoli, Carrot Coins, Fresh Cucumber Slices, Chilled Mix Fruit, Orange <b>Sdw: Chix Caesar Wrap</b> <b>Alt: Cheeseburger on Bun</b> <b>Salad: Tuna</b></p>
<p style="text-align: center;"><b>20</b> <b>*Cinnamon French Toast with Ham Slice</b> Tater Tots, Mix Veggie, Baby Carrots, Chilled Strawberries, Fresh Orange <b>Sdw: Turkey &amp; Cheese</b> <b>Alt: Chicken Nuggets with Roll</b> <b>Salad: All American Chef</b></p>	<p style="text-align: center;"><b>21</b> <b>Egg Patty w Cheese On Whole Grain English Muffin w Turkey Sausage</b> Sweet Potatoes, Peas, Carrots Apple Juice, Cinn Apples, Orange <b>Sdw: Turkey &amp; Cheese</b> <b>Alt: Chicken Tenders with Roll</b> <b>Salad: Fruit, Cheese, Yogurt</b></p>	<p style="text-align: center;"><b>22</b> <b>Nachos Supreme w/Beef</b> Rice, Sweet Corn, Baby Carrots, Peppers &amp; Onions, Chilled Applesauce, Apple <b>Sdw: Turkey &amp; Cheese</b> <b>Alt: Chicken Nuggets with Roll</b> <b>Salad: Popcorn Chicken</b></p>	<p style="text-align: center;"><b>23</b> <b>Chicken Nuggets w Roll</b> Sweet Potatoes, Veg. Baked Beans, Celery Sticks, Orange Juice, Chilled Peaches &amp; Fresh Banana <b>Sdw: Turkey &amp; Cheese</b> <b>Alt: Grilled Cheese Sandwich</b> <b>Salad: Beef Nacho</b></p>	<p style="text-align: center;"><b>24</b> <b>Plain or Pepperoni Pizza</b> Steamed Broccoli, Carrot Coins, Side Salad, Chilled Mixed Fruit &amp; Fresh Orange <b>Sdw: Turkey &amp; Cheese</b> <b>Alt: Fish Sticks</b> <b>Salad: Tuna</b></p>
<p style="text-align: center;"><b>27</b> <b>School Closed</b></p> <div style="text-align: center;"> </div>	<p style="text-align: center;"><b>28</b> <b>National Burger Day (Burgers)</b> French Fries, Green Beans, Celery Sticks, Orange Juice, Chilled Pears &amp; Fresh Apple <b>Sdw: Ham, Turkey &amp; Cheese</b> <b>Alt: WG Bagel, Cheese, Yogurt</b> <b>Salad: Fruit, Cheese, Yogurt</b></p>	<p style="text-align: center;"><b>29</b> <b>Beef Soft Tacos w/Rice</b> Rice, Sweet Corn, Side Salad, Peppers and Onions, Chilled Applesauce, Fresh Orange <b>Sdw: Ham, Turkey &amp; Cheese</b> <b>Alt: Bacon Melt</b> <b>Salad: Popcorn Chicken</b></p>	<p style="text-align: center;"><b>30</b> <b>Pizza Bagels</b> Tater Tots, Green Peas, Side Salad, Apple Juice, Chilled Peaches &amp; Fresh Banana <b>Sdw: Ham, Turkey &amp; Cheese</b> <b>Alt: Cheeseburger on Bun</b> <b>Salad: Beef Nacho</b></p>	<p style="text-align: center;"><b>31</b> <b>Plain or Pepperoni Pizza</b> Steamed Broccoli, Carrot Coins, Side Salad, Chilled Mixed Fruit &amp; Fresh Orange <b>Sdw: Ham, Turkey &amp; Cheese</b> <b>Alt: Chicken Patty on Bun</b> <b>Salad: Tuna</b></p>
<b>QUESTIONS OR COMMENTS - CONTACT THE FOOD SERVICE DIRECTOR, NED CUMMINGS @ 610.262.3258</b>				

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