



NORTHAMPTON AREA SCHOOL DISTRICT
Middle School Menu
October 2019



Student Price: \$2.50
 Reduced Price: \$.40

CHOOSE AT LEAST
3 OF 5 ITEMS FOR
SCHOOL LUNCH PRICE
 Includes: Entrée (in bold)
 choice of fruit, vegetable
 milk and bread

ITEMS OFFERED DAILY (Selections may vary day to day)

Choice of Milk: White 1% or Non-Fat; Non-Fat Chocolate/ 1% or Strawberry
Fresh & Chilled Fruits, Apples, Oranges, Bananas
Fresh & Hot Vegetables, Carrots, Cucumbers
Whole Grain Roll or Bread



[Apply for Free & Reduced Price Meals online at www.schoolcafe.com](http://www.schoolcafe.com)

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Station Plain or Pepperoni Deli Bar PB & J or Made to order sandwich/Wrap of the week Grab & Go Line Chicken Nuggets, Chicken Patty, Spicy Chicken Patty, Cheeseburgers, Burgers.				
				Available Monday through Friday
<small>"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness." In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age, or disability. USDA and this establishment is an equal opportunity provider and employer.</small>				

Interested in working part time in the kitchen? Contact 610-262-3258

Cold Pizza Bagel Packs Available Daily	1 Nachos Supreme w/Beef Rice, Sweet Corn, Carrots, Cucumber Slices, Chilled Pear & Fresh Apple ALT: Chicken Nuggets w/Roll SALAD: Popcorn Chicken SP: TACO PIZZA	2 Ravioli with Sauce Tater Tots, Green Beans, Red Peppers, Chilled Peaches, Fresh Orange ALT: Chicken Patty SALAD: Beef Nacho SP: MEAT LOVERS PIZZA	3 WALKING TACO Rice, Corn, Veg. Baked Beans, Celery, Apple Juice, Chilled Applesauce, Fresh Banana ALT: Spicy Chicken SALAD: Fruit, Cheese, Yogurt SP: Popcorn Chicken Pizza	4 Baked Mozzarella Sticks with Roll Tots, Broccoli, Baby Carrots, Chilled Peaches, Fresh Apple ALT: Cheeseburger SALAD: Tuna SP: BUFFALO CHIX PIZZA
7 French Toast Sticks w Sausage Tater Tots, Mix Veggies, Tomatoes, Chilled Mix Berries, Fresh Orange ALT: Chicken Tenders SALAD: Chicken Caesar SP: BBQ CHICKEN PIZZA	8 Beef Soft Taco w/Rice Rice, Sweet Corn, Celery Sticks, Baby Carrots, Chilled Pears, & Fresh Apple ALT: Chicken Nuggets w/Roll SALAD: Popcorn Chicken SP: MEAT LOVERS PIZZA	9 Popcorn Chicken Bowl Mashed Potatoes, Cucumbers, Celery Sticks, Apple Juice, Chilled Peaches, Fresh Orange ALT: Chicken Patty SALAD: Beef Nacho SP: *Hawaiian PIZZA*	10 CHEESESTEAK Tots, Veg. Baked Beans, Peppers & Onions, Carrots, Apple Juice, Chilled Applesauce & Fresh Banana ALT: Beef BBQ SALAD: Fruit, Cheese, Yogurt SP: Popcorn Chicken Pizza	11 Popcorn Chicken w. Roll French Fries, Steamed Broccoli, Fresh Red Peppers, Chilled Peaches & Fresh Apple ALT: Cheeseburger SALAD: Tuna SP: BUFFALO CHIX PIZZA
14 School Closed Interested in working part time in the cafeteria? Contact 610-262-3258	15 Nachos Supreme w/Beef Rice, Sweet Corn, Side Salad, Cucumber Slices, Pears & Fresh Apple ALT: Chicken Nuggets w/Roll SALAD: Popcorn Chicken SP: TACO PIZZA	16 Pizza Sticks w. Sauce French Fries, Green Beans, Baby Carrots, Apple Juice, Chilled Peaches, & Fresh Orange ALT: Chicken Patty SALAD: Beef Nacho SP: MEAT LOVERS PIZZA	17 WALKING TACO Rice, Corn, Veg. Baked Beans, Celery, Apple Juice, Chilled Applesauce, Fresh Banana ALT: Hot Dog on WW Bun SALAD: Fruit, Cheese, Yogurt SP: Popcorn Chicken Pizza	18 Backyard Burger French Fries, Broccoli, Cucumber Tomato Salad, Chilled Peaches, Fresh Apple ALT: Popcorn Chicken w. Roll SALAD: Tuna SP: BUFFALO CHIX PIZZA
21 Confetti Pancakes With HAM Hash Brown, Mix Veggie, Tomatoes, Chilled Mix Berries, Fresh Orange ALT: Popcorn Chicken w Roll SALAD: Chicken Caesar SP: CHICKEN PARM PIZZA	22 Beef Soft Taco w/Rice Rice, Sweet Corn, Celery Sticks, Chilled Pears & Fresh Apple ALT: Chicken Nuggets w/Roll SALAD: Popcorn Chicken SP: MEAT LOVERS PIZZA	23 Popcorn Chicken Bowl Mashed Potatoes, Sweet Corn, Red Peppers, Apple Juice, Chilled Peaches, Fresh Orange ALT: Chicken Patty SALAD: Beef Nacho SP: CHEESEBURGER PIZZA	24 CHEESESTEAK Tots, Veg. Baked Beans, Peppers & Onions, Carrots, Apple Juice, Chilled Applesauce & Fresh Banana ALT: Corn Dog SALAD: Fruit, Cheese, Yogurt SP: Popcorn Chicken Pizza	25 Chicken Tenders w. Roll French Fries, Broccoli, Sliced Cucumbers, Chilled Peaches & Fresh Apple ALT: Cheeseburger SALAD: Tuna SP: BUFFALO CHIX PIZZA
28 Waffle Bar Tater Tots, Mix Veggies, Tomatoes, Chilled Mix Berries, Fresh Orange ALT: Spicy Chicken Patty SALAD: Chicken Caesar SP: CHICKEN PARM PIZZA	29 Nachos Supreme w/Beef Rice, Corn, Peppers and Onions, Tomato Slices, Chilled Pears, Fresh Apple ALT: Chicken Nuggets w/Roll SALAD: Popcorn Chicken SP: TACO PIZZA	30 Grilled Cheese on WG bread with Tomato Soup Fries, Peas, Broccoli, Chilled Peaches, Fresh Grapes ALT: Bacon Cheeseburger Bun SALAD: Beef Nacho SP: MEAT LOVERS PIZZA	31 WALKING TACO Rice, Green Pea, Veg. Baked Beans, Side Salad, Apple Juice, Chilled Applesauce, Fresh Banana ALT: Pulled Pork SDW SALAD: Fruit, Cheese, Yogurt SP: Popcorn Chicken Pizza	

QUESTIONS OR COMMENTS - CONTACT THE FOOD SERVICE DIRECTOR, NED CUMMINGS @ 610.262.3258

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