

NORTHAMPTON AREA SCHOOL DISTRICT

2014 Laubach Ave.
Northampton, PA 18067
Website: www.nasdschools.org



COMMUNITY RESOURCE GUIDE

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Table of Contents

HOTLINES AND EMERGENCY NUMBERS	3
AGENCIES AND COMMUNITY PROGRAMS	5
CHILD CARE AND EARLY INTERVENTION	8
CLOTHING BANKS	9
DIVORCE	10
DRUG AND ALCOHOL TREATMENT	11
DRUG/ALCOHOL AND OTHER INFORMATION	13
EATING DISORDERS	15
EMPLOYMENT	16
FINANCIAL/MATERIAL ASSISTANCE	18
FOOD BANKS AND FOOD ASSISTANCE	20
GAY, LESBIAN, BISEXUAL AND TRANSGENDER ISSUES	22
GRIEF/BEREAVEMENT	23
HOMELESS/TEMPORARY SHELTERS AND SERVICES	25
HOUSING RESOURCES FOR RENTERS, BUYERS AND OWNERS	27
MILITARY RESOURCES	29
PARENTING EDUCATION, CLASSES AND SUPPORT GROUPS	30
TEEN PREGNANCY	32
TEST PREPARATION	34

This resource guide is provided to help you access agencies that may be able to assist families in specific circumstances. The Northampton Area School District does not support or recommend any one agency listed in the following guide.

HOTLINES AND EMERGENCY NUMBERS

CRIME VICTIMS COUNCIL

610-437-6611

Hotline for victims of sexual abuse/assault

DATE RAPE & FAMILY VIOLENCE

610-437-6610

Individual and group counseling; court accompaniment;
Support groups for children and adults; education and prevention.

GAMBLING ADDICTION

24-hour Hotline

1-877-565-2112

HOMELESS HOTLINE

1-877-661-4357

LEHIGH VALLEY HOSPITAL- BEHAVIORAL HEALTH

(484) 884-6500

KIDSPEACE

610-799-8000

1-800-854-3123

Helping kids overcome crisis. Offers a variety
of inpatient and outpatient programs for children and teens.

NORTHAMPTON COUNTY CHILDREN, YOUTH & FAMILIES DIVISION

610-559-3290

Child protection services

CHILD ABUSE

CHILDLINE AND ABUSE REGISTRY

1-800-932-0313

Call to report suspected child abuse. All
phone calls are confidential. Operates 24/7

NORTHAMPTON COUNTY CRISIS INTERVENTION

610-252-9060

Emergency suicidal ideation and mental health assistance; 24 hours
a day, 7 days a week.

PROJECT CHILD

610-691-1200

24-hour hotline for parents at risk of child abuse.

TURNING POINT OF THE LEHIGH VALLEY

610-437-3369

Domestic violence hotline and emergency shelter

VALLEY YOUTH HOUSE

610-691-1200

Hotline for homeless youth.

Provides shelter and transitional housing for youths 12 - 17.

VALLEY WIDE HELP

Dial 2-1-1

Information and referral service; Bilingual staff.

THE WARMLINE

610-820-8451

For mental health concerns, you can call anytime, 24 hours, if you need someone to listen, someone who cares. They can provide resources if needed.

In Spanish - 484-233-0785, 6-10 PM daily

ALCOHOL / DRUG ABUSE

LEHIGH COUNTY DRUG AND ALCOHOL

INTAKE UNIT

610-923-0394

Assessment and referral for drug problems for adults and adolescents.

AL-ANON or ALATEEN

610-740-3700, 1-888-425-2666

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

ALCOHOLICS ANONYMOUS

610-882-0558

Provides an updated listing of AA support groups in the Lehigh Valley

NARCOTICS ANONYMOUS

610-439-1998

AGENCIES AND COMMUNITY PROGRAMS

BIG BROTHERS / BIG SISTERS OF LEHIGH VALLEY, INC.

878 Minesite Road, Allentown, PA 18103

610-391-1827

Website: www.bbbslv.org

Provides male/female role models for children ages 7-14. The program focuses on friendships rather than activities.

Volunteers must be 18 years old and a resident of Lehigh/Northampton counties.

Volunteers interact with children 3 - 6 hours per week for a minimum of one year.

Requirements: Children come from single parent home.

Waiting List: Boys minimum of 1 year due to lack of male volunteers. Shorter list for girls.

CENTER FOR HUMANISTIC CHANGE

2200 Avenue A, Suite 106, Bethlehem, PA 18017

484-821-0375

Website: www.theCHC.org

Offers training programs in the community for organizations/schools on wellness, parenting, drug and alcohol prevention, and kids experiencing divorce/separation.

Peer mediation, conflict resolution, violence, bullying prevention and life skills programs.

CONCERN

Bethlehem Office:

90 South Commerce Way, Bethlehem, PA 18018

610-691-8401

(No adoption services at this location)

Fleetwood Office:

1 West Main Street, Fleetwood, PA

610-944-0445

(Adoption)

Services: Foster and adoption placement. Counseling provided (individual, family, marital). Provides in-home child counseling. Also provides EAP: Employee

Assistance Program. Requirements: Private or agency referrals. Cost: Must pay up front before services provided. May be possible to reimburse you through insurance companies.

CRIME VICTIMS COUNCIL OF THE LEHIGH VALLEY

Allentown Office:

801 Hamilton Street, Allentown, PA 18101

610-437-6610

Easton Office:

1551 Northampton Street, Easton, PA 18042

610-250-6313 (call for information)

Hotline:

Crime Victims Abuse Crisis Line

610-437-6611

This is a private, non-profit agency that is dedicated to providing professional counseling, advocacy services and prevention education services to victims of crime and residents in Lehigh and Northampton Counties at no charge. Services include a 24 hour hotline, individual counseling, support group counseling, hospital, court and police accompaniment and victims' compensation.

KIDSPEACE

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens.

Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from the ages 5 through 18.

Services Provided in the Greater Lehigh Valley Area:

- KidsPeace Hospital: Freestanding psychiatric hospital designed for treatment of children and adolescents 5 through 18.
- Acute Partial Hospitalization: day treatment program
- 45-Day Diagnostic Assessment Program
- Residential Care Programs
- Behavioral Health Rehabilitation Services: provides in-home services to families with children at risk for out-of-home placement
- Intensive Outpatient, Outpatient
- Foster Care Services (handles children from birth and up)

KidsPeace Locations:

824 North Graham Street, Allentown, PA 18109

Orchard Hills Campus:

5300 KidsPeace Drive, Orefield, PA 18069

Broadway Campus:

1650 Broadway, Bethlehem, PA 18105

Orefield, PA 18069 Bethlehem, PA 18015

To inquire about KidsPeace programs and services call: 1-800-854-3123 or 610-799-8000.

Website: www.kidspeace.org

Web interactive counseling: www.teencentral.net

NATIONAL ASSOCIATION FOR THE MENTALLY ILL (NAMI)

802 East Broad Street, Bethlehem, PA 18018

610-882-2102

<http://namipalehighvalley.org/>

Support groups for parents and families of people with mental illness. Please call for specific meeting times.

PROJECT CHILD

531 Main Street, Bethlehem, PA 18018

610-954-9561, Extension 40

E-mail: projectchildlv@aol.com

Website: www.projectchildlv.org

Project Child is the child abuse prevention coalition in the Lehigh Valley. It provides public education, professional development, parent support, legislative advocacy and specialized programs in order to prevent child abuse and neglect. Project Child is a program of Valley Youth House.

ST. LUKE'S BEHAVIORAL HEALTH CENTER

1107 Eaton Avenue, Bethlehem, PA 18018

610-954-3012

Outpatient counseling. Takes MA and other insurance. Counseling for mental health issues. Individual, group and partial program.

VALLEY YOUTH HOUSE

Administration Offices, 829 Linden Street, Allentown, PA 18101

610-820-0166

24-Hour Hotline: 610-691-1200

Valley Youth House has offices in Allentown, Bethlehem and Easton. Counseling for families and youth, family preservation; independent living program for youths on their own (therapy, supervised residence); runaway and homeless youth shelter for ages 12 through 17; student assistance program (SAP) for mental health counseling through Northampton County school.

CHILD CARE and EARLY INTERVENTION

Child Care Works Helpline

1-877-4-PA-KIDS

Provides assistance in paying for childcare, or help in finding childcare.

Child Care Information Services (CCIS)

610-419-4500

Department of Public Welfare

1-800-692-7462

www.dpw.state.pa.us

Information on childcare and early learning.

Northampton County Housing Authority

610-759-8488

EARLY INTERVENTION

Early Intervention refers to a coordinated support system for children with developmental disabilities or delays and their families. The services typically serve children from birth through 3 years old.

Head Start is a federally funded program targeting children ages 3-5 and providing a variety of services, including education in the form of nutrition and medical services.

Community Services for Children

(Head Start and Early Head Start)

610-437-6000

Early Intervention – Northampton County

(Birth to age 3)

610-559-3270

Colonial Northampton Intermediate Unit

(Ages 3-5)

610-252-5550

CLOTHING BANKS

EVERLASTING LIFE MINISTRIES

224 North Sixth Street

Allentown, PA 18101

(610) 434-1477

Clothing bank is Tuesday morning from 9:30 – 11:30 a.m. Enter alley door in basement of New Bethany Church.

THE PERFECT FIT FOR WORKING WOMEN

TEC Center

1101 Hamilton Street, 5th Floor

Allentown, PA 18101

(610) 871-5060

Provides gently used and new outfits for women's job interviews and first week of work. Need referral from an agency like Head Start.

DIVORCE

SUPPORT GROUPS

Divorce Care (www.divorcecare.org)
Weekly Sessions for @8-12 weeks

Groups for Adults:
Bethany United Methodist Church, Catasauqua
610-395-0359

Bethany United Methodist Church, Brookside Road, Allentown
610-395-3613

Faith Church, Trexlertown
610-395-4731

Bethany Wesleyan Church, Cherryville
610-797-1239

Ebenezer Bible Fellowship Church, Bethlehem
610-868-5501

Surviving the Holidays For Kids
Bethany United Methodist Church, Brookside Road, Allentown
610-395-3613

Court-Ordered Co-Parent Education Program
COPE
Provided by Family/Divorce Services, Trexlertown
Held at Lehigh County Courthouse
Cost \$40
Call 610-366-8868 for info

DRUG & ALCOHOL TREATMENT CENTERS AND RESOURCES

Resource List Drug and Alcohol Treatment Centers-Northampton County (updated 2012)			
Name	Level of Care	Phone	Website
Caron Foundation PO Box 150 Galen Hall Road Wernersville, Pa 19563	Dual	800-678-2332 FAX: 610-678-5248	www.caron.org
Council on Alcohol & Drug Abuse (CADA) 502 East 4th Street Bethlehem, Pa 18015	Outpatient/IOP: *Dual Diagnosis	610-814-3108 FAX: 610-814-3109	
Community Service Foundation, Inc	School for Adolescents, drug and alcohol treatment	610-807-0210	www.allentownrescuemission.org
Clearbrook Lodge 890 Bethel Hill Road Shickshinny, Pa 18655	Adolescent No Methadone	1800-582-6241 FAX: 570-864-2812	www.gatehouse.org
Horsham Clinic 777 East Butler Pike Ambler, Pa 19002		215-643-7800	www.horshamclinic.com
Lehigh Valley Drug and Alcohol Intake Unit	DA assessment	610) 923-0394	www.lvintake.org
MARS	IOP-Intensive out-patient OP-Out patient	610 419-3101	www.marsatp.com

Penn Foundation 807 Lawn Ave. Sellersville, Pa 18960	Dual	800-245-7366 FAX: 215-257-4008	www.vfmc.net
Pyramid Healthcare	Detox, Inpatient Halfway House Partial Hospitalization (ADOL) Inpatient (Dual)	814-940-0407	www.pyramidhealthcarepa.com
Riverside Care, Bethlehem 44 East Broad Street, Suite 020 Bethlehem, Pa 18018	* Dual Diagnosis	610-868-0435 FAX: 610-868-5552	www.riversidecare.org
Riverside Care, Easton 400 Northampton St., 2nd floor Easton, Pa 18042		610-253-6760 FAX: 610-253-6251	
Recovery Revolutions, Inc. 26 Market Street Bangor, Pa 18013		610-599-7700 FAX: 610-599-7700	www.recoveryrevolutions.org
Valley Counseling Group 65 East Elizabeth Avenue suite 301A Bethlehem, Pa 18018	*Dual Diagnosis	610-974-8500 FAX: 610-974-9337	www.valleycounselinggroup.com

White Deer Run, Inc	Detox, Inpatient	800-255-2335	www.whitedeerrun.com
	Partial Residential	610-266-2550	
	Halfway House		
	(ADOL) Inpatient		
	(ADOL) Outpatient		
	(ADOL) Intensive Outpatient		
	Intensive Outpatient		

Drug/Alcohol and Other Information:

- HBO Addiction Series: <http://www.hbo.com/addiction/>
- Signs and Symptoms of Use: <http://www.cnn.com/HEALTH/library/DS/00183.html>
- Commonly abused drugs: <http://www.drugabuse.gov/DrugPages/DrugsofAbuse.html>
- Commonly Abused Prescription Drugs: <http://www.usdoj.gov/ndic/pubs5/5140/index.htm>
- Over the Counter Drug Abuse: <http://family.samhsa.gov/get/otcdrugs.aspx>
- Full Apologies: <http://www.fullapologies.com/>
- PA Council on Compulsive Gambling: <http://www.pacouncil.com/>
- Treatment Facility Locator (SAMHSA): <http://dasis3.samhsa.gov/>
- Buprenorphine Information: <http://www.naabt.org/> & <http://buprenorphine.samhsa.gov/faq.html>
- National Alliance on Mental Illness (PA): <http://namipa.nami.org/>
- Lehigh Valley Human Services <http://www.hopehouse-rhd.org/LVHSD/index.html>

Directory:

Pennsylvania Recovery
Organization-Achieving <http://proact.org>

Recovery Together:
Join Together: <http://www.jointogether.org>

Substance Abuse and Mental
Health Services <http://www.samhsa.gov> and <http://www.ncadi.samhsa.gov>

Administration:
Journey to wellness: <http://www.treatmentnj.net>

Mental Health Treatment Programs:

St. Luke's Hospital Innovations Partial
Program Bethlehem: (610)954-3838: <http://www.mystlukesonline.org/conditions-and-services/behavioral-health-services-at-st-lukes/index.aspx>

Monocacy Counseling Associates: <http://www.monocacycounseling.com/>

Fairmount Behavioral Health: <http://www.fairmountbhs.com/>

Sexual Addiction Treatment Services
Dr. Jennifer Weeks: <http://www.sexualaddictiontreatmentservices.com/>
<http://www.drjenniferweeks.com/>

Support Groups:

Alcoholics Anonymous PA: <http://www.aalv.org/>

Al-Anon Alateen PA: <http://www.pa-al-anon.org/>

Bethlehem Recovery: <http://www.bethlehemrecoverycenter.org/>

Cocaine Anonymous: <http://www.ca.org/>

Marijuana Anonymous: <http://www.marijuana-anonymous.org/>

Narcotics Anonymous: <http://www.marscna.org/>

EATING DISORDERS

RENFREW CENTER

475 Spring Lane

Philadelphia, PA 19128

1-800-RENFREW

Website: www.renfrewcenter.com

Email: inquiries@renfrew.org

Continuum of services including in-patient/residential care

HERSHEY MEDICAL CENTER EATING DISORDER CLINIC

717-531-7235

Website: <http://www.pennstatehershey.org/web/eatingdisorders/home>

Services include:

- Evaluations
- Penn State Eating Disorders Outpatient Clinic (children, adolescents and adults)
- Eating Disorders Intensive Outpatient Program (EDIOP)
- Eating Disorder Partial Hospitalization Program
- Inpatient Hospitalization at Pennsylvania Psychiatric Institute in Harrisburg

EMPLOYMENT

CAREER LINK

Allentown (Main Office), 1601 Union Boulevard, Allentown, PA 18109
610-439-1123; 610-437-5627

Job Services: Job listings, help in finding employment through an internet-based system. To apply for unemployment, telephone first. GED classes on site. Job Seeker workshops, Civil Service test site. Apply for training money for those laid off or unemployed.

COUNCIL OF SPANISH SPEAKING ORGANIZATIONS (Spanish Council)

520 East Fourth Street, Bethlehem, PA 18015
610-691-5448 (Bilingual services in Spanish and English)
Assistance with seeking employment, information about immigration, legal aid, free HIV testing.

HISPANIC AMERICAN ORGANIZATION, INC.

462 Walnut Street, Allentown, PA 18102
610-435-5334 (Bilingual services in Spanish and English)
Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

OFFICE OF VOCATIONAL REHABILITATION

45 North Fourth Street, Allentown, PA 18102
610-821-6441
Serves the Lehigh Valley. A free State of Pennsylvania service for physically or mentally disabled workers who need to re-train for or find new jobs. Call to find out your eligibility; Spanish speaking staff available.

PENNSYLVANIA HUMAN RELATIONS COMMISSION

Harrisburg Regional Office
717-787-9780
Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination.)

Bethlehem Area Vocational-Technical School

Information provided by Northampton County Mental Health/Mental Retardation And Early Intervention Division. Provides a wide variety of services, including: career development, computer classes, continuing education, educational support services, job information, job search/placement, job training, postsecondary education, safety education program, Adolescent/youth counseling, after school program, school breakfasts, and a school lunch program.

3330 Chester Avenue

Bethlehem, PA 18020-2895

(610) 866-8013

www.bavts.org

FINANCIAL/MATERIAL ASSISTANCE

American Red Cross – Lehigh Valley Chapter

2200 Avenue A, Bethlehem, PA 18017
610-865-4400

Community Action Committee of the Lehigh Valley

1337 East Fifth Street, Bethlehem, PA 18015
610-691-5620: 1-866-847-4565

Free tax preparation for eligible families. Assistance with loan modification or pending foreclosures, assistance with landlord/tenant disputes. First time homebuyer assistance, including Land Trust program homes refurbished and ready for purchase. Service accounts on PPL on track program.

Family Answers

411 Walnut Street, Allentown, PA 18102
610-435-9651
FAX: 610-435-9654

Offers ways to work program, which can provide a loan for a car or car repairs. Also teaches household budgeting.

Hispanic American Organization, Inc.

462 Walnut Street, Allentown, PA 18102
610-435-5334

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

Northampton County Assistance Office

201 Larry Holmes Drive
Easton, PA 18042
610-250-1700
Hours 7:30 till 5:00

Provides a variety of services for residents in need, including welfare payment services, Medicaid, employment searches, and LIHEAP, which is a home heating program for low-income individuals.

Social Security Office – Bethlehem

555 Main Street, Bethlehem, PA 18018

1-866-783-7458

TTY: 1-800-325-0778

Hours: 9:00-3:30

Website: www.ssa.gov

Services Provided: Handling all inquiries concerning Social Security such as disability claims and survivor's benefits.

Toll free number for all social security offices information is 1-800-772-1213

Operators on duty 7:00 am – 7:00 pm.

Unemployment Compensation

To file on-line: www.unemployment.benefit.net

Local Office: PA Career Link Lehigh Valley

P.O. Box 20490

1601 Union Blvd.

Lehigh Valley, PA 18002

Welfare Helpline

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance.

FOOD BANKS AND FOOD ASSISTANCE

FOOD BANKS

Northampton Area Food Bank – 1602 Canal Street, Northampton, PA 18067
(610) 262-8030.

Bath Area Food Bank – 206 East Main Street, Bath, PA 18014
(610) 837-1061

SOUP KITCHENS

Christ Church UCC of Bath – 109 South Chestnut Street, Bath, PA 18014
(610) 837-0347

FOOD ASSISTANCE

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

The Commodity Supplemental Food Program is a federally-funded program that is designed to improve the health and nutrition of low-income senior citizens, post-partum mothers, and children. A supply of staple foods, provided by the USDA, are packed into boxes and distributed once a month to registered participants. The boxes contain cereal, juice, canned vegetables and fruit, evaporated milk, pasta, peanut butter, protein (beef, chicken, or tuna), and cheese. **For information please call 610-434-0875.**

NORTHAMPTON COUNTY ASSISTANCE OFFICE

201 Larry Holmes Drive

Easton, PA 18042

(610) 250-1700

Toll Free: 1-800-349-5122

This office is part of the Pennsylvania Department of Welfare. It provides a variety of services for residents in need, including food stamps and cash assistance, welfare payment services, Medicaid, employment searches and LIHEAP, a home-heating program for low-income individuals.

LIHEAP 610-250-1785 or 610-250-1786 * home heating program information*

SECOND HARVEST OF THE LEHIGH VALLEY AND NORTHEAST PA

2045 Harvest Way

Allentown, PA 18104-6793

(610) 434-0875

Referrals for assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information on food stamps and WIC programs.

The **Supplemental Nutrition Assistance Program (formerly called Food Stamps)** helps low-income people and families buy the food they need for good health. SNAP benefits come in the form of a debit card that can be used to buy food at most grocery stores, and even some farmers' markets.

Second Harvest Food Bank operates a "Food Stamps Over the Phone" outreach service. Anyone in our service area can call this toll free hotline to find out if they are eligible for and to actually apply for SNAP Benefits. **Please call 1-866-203-3323 for more information.**

WIC (WOMEN, INFANTS, AND CHILDREN PROGRAM)

Maternal and Family Health Services

101 Larry Holmes Plaza, Suite 204

Easton, PA 18042

(610) 258-6938

GAY, LESBIAN, BISEXUAL & TRANSGENDER YOUTH

HAVEN

Meets at the Unitarian Universalist Church of the L.V.

424 Center St. Bethlehem PA 18018

610-868-2153

Email: havenyouthgroup@hotmail.com

Website: www.uuclvpa.org/haven

FREE Gay, Lesbian, Bisexual and Transgender Youth Group run by the Unitarian Universalist Church of the Lehigh Valley. Meetings are open to GLBT youth, their Friends & Allies, as well as those still questioning their sexual orientation. Intended for youth between the ages of 14-20 years old.

Meetings are 7-9 pm Wednesdays

Other services include planned activities for youth including Movie nights, Dances, guest speakers, and trips to plays, films, or other cultural events

PFLAG (Parents, Families, and Friends of Lesbians and Gays)

P.O. Box 403

Macungie, PA 18062

610-967-5219

Email: info@eastern-pflag.org

Website: www.eastern-pflag.org

24-Hour Hotline

Trevor Helpline

(For questioning youth and suicide prevention)

800-850-8078

GRIEF/BEREAVEMENT

LEHIGH VALLEY HOSPITAL

For any programs affiliated with LVHN please call 610-402-CARE or visit their website at <http://www.lvhn.org>. Please call for dates and locations of programs.

Grief and The Holidays Workshop: helps participants to learn coping strategies as well as establish holiday traditions and routines

Grief Process Groups: assists participants in understanding the grief process and feelings experienced throughout it

Individual, Family, and Couples Counseling: supports bereaved family and friends as they transition through the grieving process

Stepping Stones for Children: support groups specifically for children ages 4-12 facilitating healthy grieving; through activities children learn age-appropriate concepts about death and dealing with grief and are surrounded by other children who understand what they are going through; parents also may benefit as they can learn grief management tools to use with their child and interact with other parents of bereaved children

The Ladies Lunch Club: supportive social club specifically for women dealing with grief

Compassionate Friends: supporting people through the death of a child

Survivors of Suicide (SOS): open to adults and mature teens who seek a support group to deal with the issues experienced after the death of a parent, child, sibling, close friend, or other loved one by suicide

ST. LUKE'S HOSPITAL

For any programs affiliated with St. Lukes please call 1-866-stlukes or visit their website at <http://www.slnh.org/Conditions-Services/Hospice/Bereavement-Support.aspx>

Loss, Grief, & Life Transition Support Group: group that focuses on bereavement-related topics

What's Next Bereavement Support Group: agenda is set the first week of meeting, relevant topics are explored throughout the sessions

Loss, Grief & Books to Help You Grieve: book discussion group for people whose coping style is more cognitive in nature

Walking Through Grief Support Group: helps members understand the connection between emotional grief and grief in the body and the importance of releasing related tension and pain

Ryan's Tree for Grieving Children: peer-support group that is activity based for children and adolescents grieving the loss of a family member or friend.

CAMELOT HOUSE

This is a non-profit organization assisting seriously, chronically, and terminally ill, handicapped or disabled children. For any programs affiliated with Camelot House please call **610-791-5683** or visit their website at <http://www.camelotforchildren.org/>. Please call for dates and locations of programs.

Children's Grief & Bereavement Stepping Stones: Children (4-12 yrs. of age) meet with a professional as a group in an informal session to develop understanding and skills to deal effectively with illness or loss of a loved one

Grief & Bereavement: Teens meet with a professional as a group or individually in an informal session to develop understanding and skills to deal effectively with illness or loss of a loved one

Teen Support Group: A group for teenagers and by teenagers. The group is supported by the Camelot staff and supervised by a Camelot nurse. The Camelot Junior Board teens plan their own theme parties and activities

Camp Camelot!: The Camelot for Children Summer Camp program allows special needs children to experience outdoor activities and enjoy all of the fun things active, healthy children like to do

HOMELESS/TEMPORARY SHELTERS & SERVICES

HOMELESS HOTLINE 1-877-661-4357

PA HOMELESS CHILDREN INITIATIVE

Region 8 – 484-392-0589

Directs individuals to necessary services (shelter, food, clothing) and can speak to school staff about homeless resources.

www.pde.state.pa.us/homeless

ALLENTOWN RESCUE MISSION

355 Hamilton Street

Allentown, PA 18101

(610) 740-5500

www.allentownrescuemission.org

Provides housing for males in crisis, homeless. Bilingual staff person (Spanish-English) available at times.

NEW BETHANY MINISTRIES

337 Wyandotte Street

Bethlehem, PA 18015

(610) 691-5602

www.newbethanyministries.org

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months. Come in to apply; there will be a waiting list. Also runs the Mollard Hospitality Center, offering hot showers, breakfast and lunch, employment assistance and counseling.

TURNING POINT OF THE LEHIGH VALLEY

444 East Susquehanna Street

Allentown, PA 18103

(610) 797-0530

24-Hour Hotline: (610) 437-3369

Temporary shelter for female victims of domestic abuse and their children. (Men referred out). Also runs Starting Point: transitional apartments for domestic abuse victims and their children.

VALLEY YOUTH HOUSE

539 Eighth Avenue

Bethlehem, PA 18018

(610) 691-1200

Valley Youth House is for runaways and homeless youths. It provides shelter for teens and youth, 12 to 17. Also, it offers transitional housing for youth.

*Valley Youth House – Supportive Housing Program
(610) 317-0721 ext. 304*

Valley Youth House is a federally funded program that houses youth in their own apartments throughout the Lehigh Valley. The goal is to help young adults obtain and remain in permanent housing, increase their skills/income, and achieve greater self-determination.

Eligibility

1. Youth between the ages of 18 to 21.
2. Homeless or near homeless
3. Not involved in using alcohol or drugs.
4. Not a danger to themselves.
5. Voluntary entrance into program.
6. Highly motivated.

HOUSING RESOURCES FOR RENTERS, BUYERS, AND OWNERS

U.S. Department of Housing and Urban Development (HUD)

- Rental Assistance: www.Hud.gov/renting – provides information on privately owned subsidized housing, public housing and the Housing Choice Voucher Program. Also outlines tenants' rights and protections.
- Homeownership: www.hud.gov/pennsylvania - resources to help you buy and keep your home.
- Foreclosure: www.hud.gov/foreclosure - get help to avoid foreclosure; get refinancing options. Can also call 1-800-569-4287.

Pennsylvania Housing Finance Agency (PHFA)

- Rental Assistance: pal.phfa.org – links to affordable housing options
- Homeownership: www.phfa.org/consumers - information and counseling for buying a home and owning a home.
- Foreclosure: www.phfa.org/consumers/homeowners/hemap.aspx - 1-800-342-2397 - The Homeowners' Emergency Mortgage Assistance Program (HEMAP) offers help to PA families in danger of losing their home.

Local Housing Authority

- Allentown: (610) 439-8678
- Bethlehem: (610) 865-8300
- Easton: (610) 258-0806
- Northampton County: (610) 759-8488
- Lehigh County: (610) 965-4514

Alliance for Building Communities (ABC)

830 Hamilton Street
Allentown, PA 18101
(610) 439-7007 ext. 24
Fax: (610) 439-7888
www.housingabc.org

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing. Has Spanish speaking staff.

Community Action Committee of the Lehigh Valley, Inc. (CACLV)
1337 East Fifth Street (Forte Building)
Bethlehem, PA 18015
(610) 691-5620

Runs the Home Ownership Counseling Program seminar, which is organized into six sessions and is conducted on three consecutive Saturdays. Publishes Right Stuff About Renting (a free booklet) and answers questions on renter's issues. Call 485-893-1036 to obtain this booklet.

Rural Development
2211 Mack Boulevard
Allentown, PA 18103
(610) 791-9810 (Press 4 for this program)

This is a U.S. Department of Agriculture program with income limits. Helps with loans for purchase of a home in the Lehigh Valley rural areas and also not-so-rural areas. Seminar to help understand the buying of homes with this program. For singles and families.

Catholic Charities
530 Union Boulevard
Allentown, PA 18109
(610) 435-1541

Hours 8:30 a.m. – 4:30 p.m., Monday through Friday, or by appointment. Rent assistance and budget counseling.

Hispanic American Organization, Inc.
462 Walnut Street
Allentown, PA 18102
(610) 435-5334

Rental assistance to those eligible (when funds are available).

Valley Housing Development Corporation
943 Long Street
Bethlehem, PA 18015
(610) 866-0124

Subsidized housing for those who meet low-income guidelines. Call for an application.

MILITARY RESOURCES

RECRUITING CENTERS

US Army Recruiting Station

1816 ½ Stefko Blvd
Bethlehem, PA 18017
610-691-5910

Navy Recruiting Station, Allentown

217 Hamilton St.
Allentown, PA 18101
610-439-8436

US Coast Guard Recruiting Office

Union Court
4337A Union Deposit Road
Harrisburg, PA 17111
717-561-0972

Marine Corps

PCS Walnutport
350 S. Best Ave
Walnutport, PA 18088
610-760-7872

Air Force Recruiting Office

19 E. Elizabeth Ave.
Bethlehem, PA 18018
610-865-0333

SERVICES FOR ENLISTED SERVICE MEMBERS

FINANCIAL

www.operationhomefront.net/pade/
11 Hap Arnold Blvd.
Tobyhanna Army Depot, PA
18466
570-895-7000

MENTAL HEALTH

www.behavioralhealth.army.mil
Dunham U.S. Army Health Clinic
450 Gibner Road, Suite #1
Carlisle, PA 17013

SFC Earl Fillmore U.S. Army Health Clinic
Building 400
New Cumberland, PA
1-877-787-2569

PARENTING EDUCATION, CLASSES & SUPPORT GROUPS

Center for Parenting Education (centerforparentingeducation.org)

Based in Abington, PA

Contact 215-657-5720 or info@parentingedu.org

Educational workshops range in price @ \$20 - \$50

Topics include: developing responsibility, communication, discipline, dealing with toddlers, communications

Parent-child activities \$30 for 5 weeks

Individual parenting coach: \$90 for first session, \$75 for subsequent sessions

Project Child (projectchildlv.org)

In Allentown, classes held at Project Child Sixth Street Shelter

Series of 9 classes, evenings

In Bethlehem, classes held at Fritz Memorial Church, 303 West Packer Ave

Free childcare provided

610-954-9561

Project Child Hotline

610-691-1200

Preventing Child Abuse

Redirecting Children's Behavior of the Lehigh Valley

5-week course

Each session @ 3 hours

\$225/person or \$299/couple

Specific, single-sessions workshops cost @\$15/person or \$25/couple

Topics include sibling rivalry, parenting as a team, reducing power struggles, managing morning chaos

Parents Anonymous

Weekly educational/support groups to learn positive parenting techniques

610-433-6556

Hotline - for help dealing with parenting stress

1-800-448-4906

Support Groups for Parents of Children with Disabilities

Breaking the Barriers: Caring and Sharing support groups for parents
610-770-9394 or 610-349-8066

Camelot for Children Parents' Network Group
610-791-5683

Multiple Disabilities Parent Support Group
Monthly at CLIU20
610-769-4111 X1268

Lehigh Valley Mothers of Twins
610-799-0804

Adoptions from the Heart
610-432-2384

Confront/Treatment Trends
Support for parents of children who have been sexually abused
610-433-0148

Club Ophelia
Offered through Pathways for Change, Emmaus
610-737-2776
Peer aggression in girls. Specifically targets girls ages 10-15

Wellness Community/Cancer Support
www.cancersupportglv.org
Supports for people who are surviving/fighting

TEEN PREGNANCY

Care Net of the Lehigh Valley

Bethlehem Center
541 E. Broad Street
Bethlehem, PA 18018
610-997-0195

Easton Center
1101 Northampton Street
Suite 202
Easton, PA 18042
610-559-9327

All services are provided free of charge and are confidential.

Services include:

Pregnancy testing
Limited ultrasounds
Medical pregnancy verification
Pregnancy options information
Abortion education
STD Information
Community referrals

Planned Parenthood

Bethlehem Health Center
65 East Elizabeth Avenue
Suite 512
Bethlehem, PA 18018
610-694-0642

Allentown Medical Center
29 North Ninth Street
Allentown, PA 18101
610-439-1033

Services Include:

Birth Control Services
Patient Education
Pregnancy Testing
Women's Health Services
STD Testing and Treatment
Abortion Referral Services

Real Alternatives

1-888-543-3243

www.realalternatives.org

Provides a life-affirming alternative to abortion services to assist women faced with crisis pregnancies. They also provide information about the rights of a person that feels she is being pressured having an abortion.

Nurse-Family Partnership

610-954-2778

www.nursefamilypartnership.org

This program is for first time mothers providing support in early pregnancy through Baby's 2nd birthday. Nurses make home visits to teach expectant mothers about what to expect in pregnancy and how to care for an infant. Visits increase in frequency as the baby's due date draws closer.

WIC - Women, Infants and Children Nutrition Program

1-800-942-9467

This program provides supplemental nutrition to safeguard the health of low-income women, infants and children up to age 5 who are at nutritional risk. The program also provides nutrition education and breastfeeding support.

TEST PREPARATION

GED TESTING

Find test centers and sign up for the GED:

www.ged123.org

LOCAL GED TEST SITES

Bethlehem Area School District

Liberty High School

1115 Linden St.

Bethlehem, PA

610-691-7200

Catasauqua High School

2500 W. Bullshead Rd.

Catasauqua, PA

610-264-0506

Easton Area High School

2601 William Penn Highway

Easton, PA 18045

610-250-2481

Lehigh Carbon Community College

4525 Education Park

Schnecksville, PA 18078

610-799-1940

Lehigh Career & Technical Institute

4500 Education Park Dr.

Schnecksville, PA

610-799-1361

Northampton Community College

Fowler Center- Southside

511 E. 3rd St.

Bethlehem, PA

610-691-7200

ASVAB Prep

www.march2success.com

Huntington Learning Center

3926 Nazareth Pike
Bethlehem Square Shopping Center
Bethlehem, PA 18020
1-800-226-53276

SAT Prep

Kaplan Test Prep

1-800-527-8378

Allentown Sylvan Center

2211 Mack Blvd.
Allentown, PA 18103

Huntington Learning Center

3926 Nazareth Pike
Bethlehem Square Shopping Center
Bethlehem, PA 18020
1-800-226-53276

www.march2success.com